

Programme/Career Opportunities

After completion of the programs grandaunts will be able to gain advanced skills in Community and Clinical Psychiatric Care; be lecturers/tutors of metal health and psychiatry in training colleges; Project Managers in both public and private organizations, NGOs, and excellent researchers in all health related projects.

(3) UNIVERSITY CERTIFICATE/ DIPLOMA IN COUNSELLING

This programme aims at training people with basic professional counseling knowledge and skills .That will enable them to provide services in different areas

- HIV /AIDS Care and Counseling.
- Orphans and Vulnerable Children
- Couple/Family and Relationship Therapy
- Mental Health
- Psycho-Spiritual Growth
- Human and Personal Development
- Child and Adolescent Counselling
- Group Work and Counselling

The programme offers students the opportunity to:

- Integrate the scientific facts about counseling, the therapeutic use of self, the moral and ethical principles and the art or aesthetic of providing counseling services at an advanced stage.

PROGRAMME CONTENT

FIRST YEAR: UNIVERSITY CERTIFICATE IN COUNSELLING

- Language and Communication Skills
- Introduction to Psychology
- Theories and Practice of Counselling
- Personal and Professional Development
- Professional Counselling Practice I and II

PROGRAMME CONTENT cont...

- Human Development
- Introduction to Mental Health
- Ethics in Counselling and Psychotherapy
- HIV Counselling and Testing

SECOND YEAR (DIPLOMA IN COUNSELLING)

- Counselling in Social context
- Introduction to research and statistics
- Child and adolescent counseling
- Personal and professional integration
- Professional Counselling Practice III and IV
- Substance abuse counselling (elective)
- Introduction to trauma counselling
- Theories and Practice of Marital/family Counseling (elective)
- Theories and Practice of Group Counseling (elective)
- HIV and AIDS Psychosocial Counselling

COURSE DURATION

- Certificate in Counseling – One year (full time)
- Diploma in Counseling - Two years (full time)

ENTRY REQUIREMENTS

- For Diploma, a recognized University Certificate in Counseling (One Year)
- For Certificate, a full Malawi School Certificate of Education
- At least two years of recognized post secondary training
- A minimum of two years work experience

All enquires to be addressed to;

The Principal
Saint John of God College of Health Sciences
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Mzuzu, Malawi

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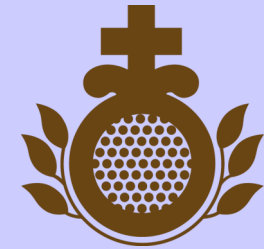
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Saint John of God College of Health Sciences

Saint John of God College is part of St. John of God Community Services in Mzuzu, Malawi. The College offers four courses. The College is affiliated to Mzuzu University and the three courses are accredited by the University of Malawi.

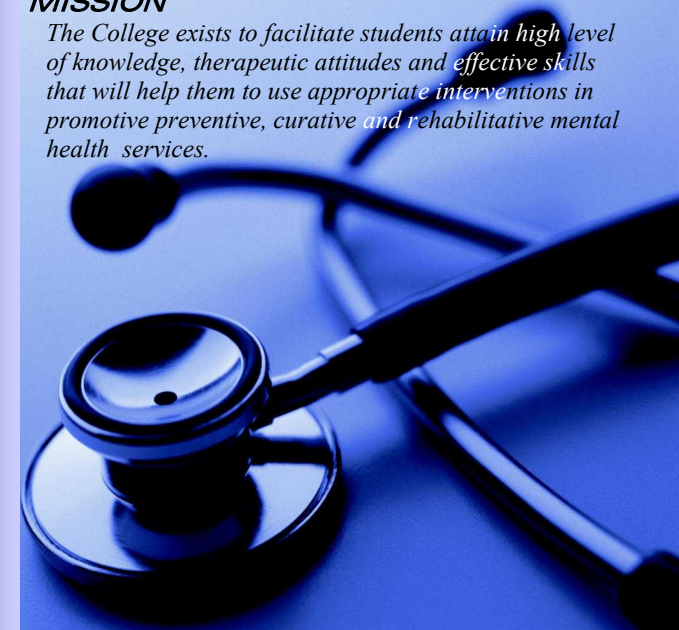


VISION

Saint John of God envisions a College that becomes a centre of excellence in education, training and research for the enhancement of quality mental health and psychosocial services in Malawi.

MISSION

The College exists to facilitate students attain high level of knowledge, therapeutic attitudes and effective skills that will help them to use appropriate interventions in promotive preventive, curative and rehabilitative mental health services.



PROGRAMMES

(1) BACHELOR OF SCIENCE IN MENTAL HEALTH PSYCHIATRIC NURSING

The programme offers students the opportunity to develop:

- Nursing competency required to provide quality mental health/psychiatric nursing care in a wide variety of clinical settings
- Professional knowledge, skills and attitudes necessary to meet the needs of individuals experiencing a range of feelings, problems and conflicts, to restore and maintain mental health.
- Competency to operate as an integral part of multi-dimensional team in the provision of mental health/psychiatric care to clients.
- Management and leadership skills including planning, implementation and evaluation of mental health/psychiatric services.
- Research skills and knowledge of methodologies; ability to utilize research to advance quality of mental health/psychiatric services.
- Skills in teaching to take the role of the mental health/psychiatric nurse in prevention of mental illness and promotion of mental health

PROGRAMME CONTENT

FIRST YEAR

- Language and communication
- Introduction to Psychology
- Psychiatry
- Psychopharmacology
- Psychiatric Nursing I and II
- Research Methodology and Statistics
- Ethics in mental health nursing
- Introduction to human development
- Counseling and psychotherapy
- Health services management
- Psychiatric Nursing practice I, II, III

SECOND YEAR

- Community mental health nursing I and II
- Advanced psychiatric nursing
- Counseling and psychotherapy
- Trends and issues in mental health psychiatric nursing
- Research methodology/ seminar
- Research/Project Dissertation
- Community mental health nursing practice I and II

COURSE DURATION

- Two years - full time

ENTRY REQUIREMENTS

- Registered nurse
- Two years work experience

(2) BACHELOR OF SCIENCE IN CLINICAL MEDICINE (MENTAL HEALTH)

The programme offers students the opportunity to develop:

- Clinical competency required to provide quality mental health/psychiatric services in a wide variety of clinical settings.
- Professional knowledge, skills and attitudes necessary to meet the needs of individuals experiencing a range of feelings, problems and conflicts, to restore and maintain mental health.
- Competency to operate as an integral part of multi-dimensional team in the provision of mental health/psychiatric care to clients.
- Management and leadership skills including planning, implementation and evaluation of mental health/psychiatric services.
- Research skills and knowledge of methodologies; ability to utilize research to advance quality of mental health/psychiatric services.
- Skills in teaching to take the role of the mental health clinician in prevention of mental illness and promotion of mental health.

PROGRAMME CONTENT

FIRST YEAR

- Communication for Academic and Professional Purposes
- Introduction to Communication Information Technology
- Biochemistry
- Developmental Psychology
- Sociology of Mental Health
- Human Neuroscience (Neuro - Biology)
- Psychopharmacology I and II
- Bio-medical Ethics
- Introduction to Psychiatry 1
- Psychiatry 2
- Bio-statistics
- Epidemiology
- Research Methodology

SECOND YEAR

- Community Psychiatry and Mental Health
- Psychiatry II and IV
- Research Methodology/Seminar
- Health Service Management
- Counseling and Psychotherapy
- Research/Project Dissertation
- Mental Health Practice

COURSE DURATION

- Two years - full time

ENTRY REQUIREMENTS

- Diploma in Clinical Medicine
- Two years work experience

Programme Strengths/Positives

Both courses have a strong clinical component of mental health and psychiatry, counseling and psychotherapy, Health services management, project management, principles of education (pedagogies and andragogies) and high standards of health related research component both in qualitative and quantitative.